



Sensing Subtle Energy



An Experiential Workshop for Energy Medicine Practitioners
with Ellen Meredith, DA, EEM-AP and Paulette Taschereau, EEM-AP

Chicago (Highland Park), IL ∞ July 21-23, 2017

Deepen your ability to perceive subtle energies and work with them creatively! Each of us has perceptual gifts that can be developed to make us more effective as healers and EM practitioners. These gifts vary from individual to individual, and relate to your soul's purpose, your "council" (wiser self) affiliations, and your mind's ability to recognize what you receive. Topics include:

- Recognizing and cultivating your gifts as a healer;
- Deepening understanding and perception of the 5 rhythms and their interactions;
- Tapping into guidance or Wiser Self consciousness to help clients recognize their gifts, purpose, and healing path;
- Working with language, metaphor, and narrative to express energy perceptions;
- Learning to frame and characterize energy issues in positive and productive ways;
- Learning to create EM exercises or therapeutic work to help someone address an energy issue.

Pre-requisite: Year One of the Eden Energy Medicine Certification Program or permission of the instructor.



Venue: Courtyard by Marriott, Highland Park, IL

Times: Friday 6:30-9:00 pm; Sat. 9:30-6:00; Sun. 9:30-5:30

Cost: \$350 for the weekend

Registration: Ellen Meredith SDenergymedicine@gmail.com

or Register on-line at www.ellenmeredith.com/classes.php



Ellen Meredith is an Eden Energy Medicine Advanced Practitioner, medical intuitive, conscious channel and member of the EEM Certification Program Faculty. She is a dynamic and exciting teacher who offers creative new tools to support healing, wholeness, and empowered living. Author of Listening In: Dialogues with the Wiser Self, In Search of Radiance: Learning to Stand with your Wiser Self (CDs), and multiple EM courses on DVD.

Paulette Taschereau is an Eden Energy Medicine Advanced Practitioner, trained in contemporary shamanism, and able to perceive subtle energies using multiple senses. She is a gifted and generous practitioner with extensive hands-on experience.