



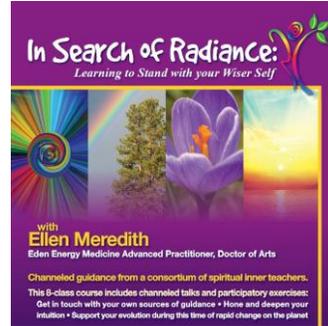
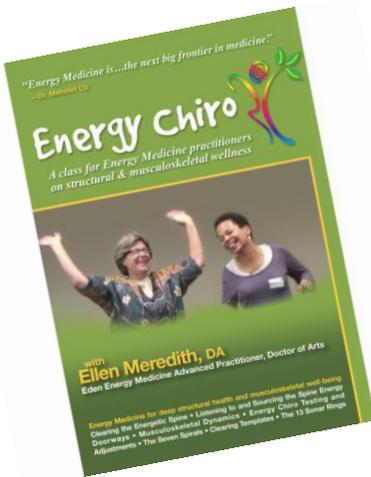
ENERGY WISDOM

Publications by Ellen Meredith, DA

Eden Energy Medicine Advanced Practitioner

Energy Chiro: Energy Medicine for Structural Wellness

5-DVD set with Handouts

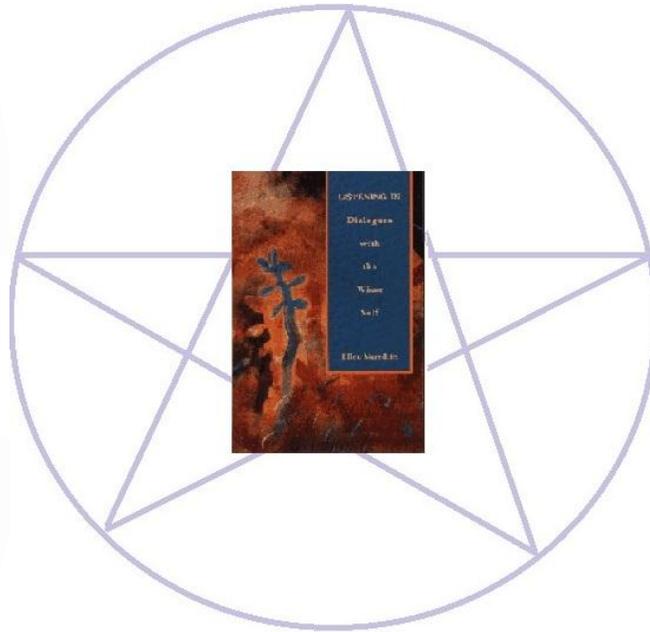
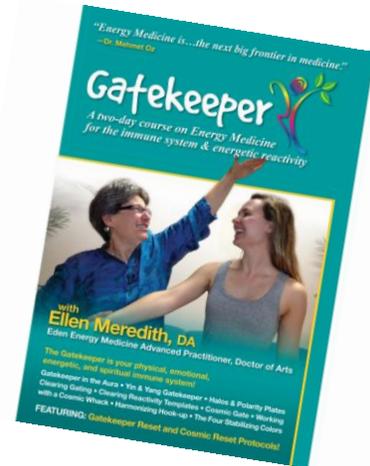


In Search of Radiance: Learning to Stand with your Wiser Self

2-CD set with mp3 files.

Gatekeeper: Energy Medicine for the Immune System

4-DVD set with Handouts

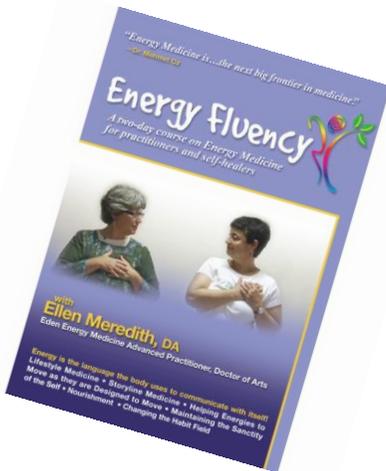


Listening In: Dialogues with the Wiser Self

Book

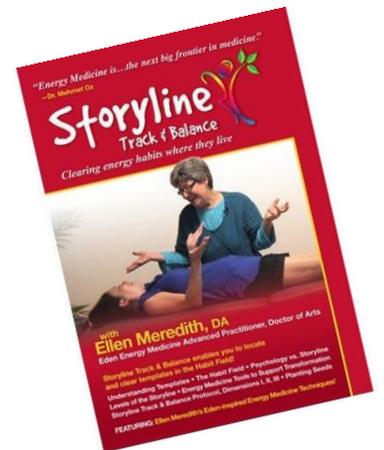
Energy Fluency: EM for Practitioners and Self-healers

5-DVD set with Handouts



Storyline Track & Balance: Clearing Energy Habits Where they Live

5-DVD set with Handouts



Available at www.ellenmeredith.com; www.amazon.com;
<http://www.theinnersourcestore.com/beyond-innersource-marketplace/>



In Search of Radiance: Learning to Stand with your Wiser Self

A NEW two-CD audiobook. This illuminating channeled class helps you tune into and work with your Inner Guidance. Eight 90-minute mp3 files provide insights, tools, and inspiration to support you as you navigate the 2012 transition to greater wisdom. 2-CD set, \$45 plus shipping. Plays on computers; files can be transferred to iPod and other digital players.

ENERGY WISDOM

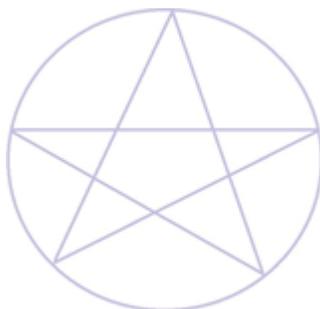
Energy Chiro: Energy Medicine for Structural Wellness

A transformative two-day EM class on working with the energetic spine, the musculo-skeletal system, physical and energetic alignment, and the deep energy structures of the body. It bridges the cosmic and practical! Includes the 13 Sonar Rings, an energy system that governs balance, navigation, and communication with the world around us. 5-DVD set with handouts, \$125 plus shipping.

Energy Fluency: EM for Practitioners and Self- healers

Magical 2-day class exploring energy as the language the body uses to communicate with itself. Addresses how to create a focus for what is needed in an EM session and how to work across energy systems to support healing. Introduces "lifestyle medicine", and multiple new techniques for clinical work and self-healing. 5-DVD set with handouts, \$125 plus shipping.

Publications by Ellen Meredith



Listening In: Dialogues with the Wiser Self

Ellen Meredith's foundational channeled book, introducing ways to listen in to the rhythms of life, mind, and spirit. The book offers frameworks for understanding ourselves, our relationships, and our relations with the cosmos. These inner teachers discuss everyday concerns in a way that is grounded yet enlightening. A standout in its field. A valuable sourcebook for those who want to plumb the significance of work and relationships, and for anyone who seeks a wider, deeper understanding of their existence. \$14.95 plus shipping.

Gatekeeper: Energy Medicine for the Immune System

The Gatekeeper is your physical, emotional, energetic, and spiritual immune system. This eye-opening two-day class explores how to work with the body's polarities and electromagnetic energies to clear reactivity. Introduces a number of exciting new tools to re-set the Gatekeeper, including Halos and Polarity Plates, a protocol for addressing "cosmic whacks", and ways to clear templates from the Gatekeeper's auto-pilot. 4-DVD set with handouts, \$125 plus shipping.

Storyline Track & Balance: Clearing Energy Habits Where they Live

Storyline Track & Balance teaches how to travel to where energy imbalance lives in order to clear persistent energy patterns. This spell-binding advanced EM class offers a three-tiered protocol for working with habits and stuck energy patterns. It provides several exciting new energy medicine tools to quickly and efficiently release stuck, chronic patterns. 4-DVD set with handouts, \$125 plus shipping.